

Yoga Retreat & Spiritual Journey
into the Motherland of Yoga – India
With Siddhi, Kim and Stefan

India

February 22 through March 11, 2011

REGISTRATION

Please fill out all forms and mail them back to
Siddhi's Yoga, 3162 Serena Ave., Carpinteria, CA 93013.

If you can open it as a Microsoft Word file then type in the info and you can email it back to siddhi@siddhisyoga.com

[Download MicroSoft Word version](#)

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Siddhi's Yoga – India Yatra 2011

Registration Application

Name as printed on Passport: _____

Address: _____

City: _____ State: _____ Zip _____

Phone: Work: _____ ext: _____

Home: _____ Cell: _____

E-mail: _____

Emergency Contact Person & Number: _____

Passport Number: _____

Age _____ Male () Female ()

(Passport number, age and gender are MANDATORY to book travel and accommodations in India so please make sure you provide them)

***You must have a visa to travel to India. (We suggest the 6 month Tourist visa) Please contact the Indian consulate for visa information.

<http://www.cgisf.org> or (415) 668-0662.

Please Initial here: _____

Please email a scan of your passport and visa or mail a copy of them no later than January 10, 2011.

Siddhi's & Kim's – India Yatra
Registration Application
Feb 22 – mid-March, 2011

Payment Information (2 pages!)

Name as printed on Passport: _____

Payment amount (includes accommodation double occupancy*, 2 meals in Amritsar, 3 meals (buffet-style) in Rishikesh, Registration Intl. Yoga Festival, ground transportation on trains/buses, airport pick-up/drop-off in Amritsar)

Deposit amount at registration, if before Nov. 10, 2011:

*single occupancy is available throughout the yatra on request and at an additional charge. All accommodation is simple, and Indian-style moderate.

Cancellations and Refunds:

Dates are subject to slight change due to changes in International travel schedules beyond our control.

Deadline for registering for trip is Jan. 01, 2011.

A \$500 administration fee plus non-refundable bookings in India will be charged on any cancellation made up until Jan.09, 2011.

No refunds on or after January 10, 2009 (consider travel insurance if you have a concern about being unable to go at the last minute). There is no refund after January 10 due to the fact that this is a busy time of year in India and airfare, hotels, trains and buses must be booked well in advanced and once commitment is made on our side, we have to pay.

I understand the total balance for the Yatra is due by January 10, 2009. Please Initial here: _____

I understand that the dates are subject to slight change due to changes in international travel schedules beyond our control. Please Initial here: _____

I understand that I will be responsible for arranging my trip to Dehli (DEL) and back. The cost is NOT included in any of the arrangements.

Please Initial here: _____

I understand that I am responsible for providing Stefan with a copy of the AIRLINE'S itinerary, so pick-up/drop-off can be arranged in Delhi.

Please Initial here: _____

Please make out all payments to Siddhi Ellinghoven, 3162 Serena Ave., Carpinteria, CA 93013

If you choose to pay by Credit Card we will charge a 3% processing fee additional to the stated pricing; Pay Pal will be charged at 4.5%:

Check () Cash () Visa () Master Card () Amex () Pay Pal ()

Credit Card Number: _____

Expiration Date: _____

Exact Name on Card _____

Billing Address of card if different then above:

Signature Authorizing Credit Card Payment _____

Flight Information for anyone arranging for themselves.

Airline: _____

Flight# _____

Arrival Time: _____

Origin of Departure/Airport _____

We highly recommend purchasing Travel Insurance, which will cover you if you have to cancel your trip.

Things you need to know:

1. VERY IMPORTANT!! You need a visa for India. It is up to you to send your money and passport to the Indian Consulate to get the visa. The minimum term is now 6 months, so ignore any other type and get the 6 month tourist visa. If you use regular mail this process will take 10-14 days. If you pay the rush fees it can be done in 4-5 days. Please allow yourself enough time to get your visa.

2. Vaccinations are up to you. Please do not ask us. All we will say is we don't use them. Where we are going is a clean spiritual environment where we will be doing lots of yoga. So you will have to be responsible for what you feel you need. The website for the U S Embassy has info on this.

3. Use only bottled water from sealed containers for brushing your teeth or drinking! Never eat or drink from street vendors! Use common sense.

I acknowledge that I have read and agree to these conditions.

Name: _____

Signature _____ Date _____

CONFIDENTIAL MEDICAL RELEASE FORM

Name _____ Birthdate _____ Male _____ Female _____
Address _____ State _____ Zip _____

MEDICAL HISTORY

1. Do you currently have any physical injuries, complaints, or chronic illness at this time?

If yes, what & for how long? _____

2. Have you had injuries in the past (i.e., back, knee, shoulder, elbow, etc.)?

If yes, what & when? _____

3. Are you currently under the care of a physician or practitioner of any sort?

If yes, what for & how long?: _____

4. Are you taking medicines of any type?

If yes, what & what for? _____

5. Are you on a special diet? If yes, what kind: _____

6. Do you have or have you ever had:

a. Diabetes? Y/ N If yes, are you taking insulin? _____ How much? _____ How often? _____

b. Seizures? _____

c. Asthma? (If yes, please carry your medication/inhalers with you.)

d. Allergies? To what: _____

** e. Are you allergic to bee stings?

Type of reaction: _____

*If yes, (please carry your medication with you on the course)

7. Are you under the care of a psychiatrist and/or taking medication?

(If you are on medication, you are required to continue the treatment during the yatra.)

8. Any other medical information? _____

9. Emergency Contact Name (please print): _____

Relation: _____ Phone Number: _____

Name of Physician: _____

Address: _____

Phone: _____

Name of Insurance _____ Group & ID Number _____

In consideration of me being allowed to participate in activities sponsored by Siddhi's Yoga (SY), I do hereby release, forever discharge, and agree to hold harmless SY and Parmarth Niketan Ashram in Rishikesh, India and it's employees, officers, directors, members, agents, staff, trip sponsors, vehicle owners, and vehicle drivers from any and all liability, claims, or demands for personal injury, sickness, or death, as well as property damage and expenses, of any nature whatsoever which may be incurred by participating in an activity sponsored by SY. I understand that many of the activities will be physical in nature, may include travel and I hereby assume all risk of personal injury, sickness, death, damage, and expenses as a result of participation in all activities involved therein. I (we) further agree to allow SY to use photographs and video recordings to be used in promotional materials and products. I further hereby agree to hold harmless and indemnify SY and Parmarth Niketan Ashram in Rishikesh, India and it's employees, officers, directors, members, agents, staff, trip sponsors, vehicle owners, and vehicle drivers for any liability sustained by said organizations as the result of the negligent, willful or intentional acts of said participant, including expenses incurred attendant thereto.

I hereby grant my permission to be taken to a doctor or hospital and hereby authorize medical treatment, including, but not in limitation to, emergency surgery or medical treatment, and I assume the responsibility of all medical bills, if any.

Signature _____ Date _____